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Building Healthy Families

Because stronger families create a stronger, healthier community for everyone.

Building Healthy Families (BHF) is an independent, non-profit family support organization, offering personalized universal family support and education programs for parents, caregivers, parents-to-be, students and children through diversified programming.

Services we offer include: **Parent/family education groups**, with free childcare, meals and accessible classrooms; an **Early Childhood Campus**, including our Learning Center for children ages 6 months to 4 years; **Alternative Education** in cooperation with the Enterprise School District, using innovative hands-on projects tailored to the individual needs of each student; **Literacy Link**, partnering with Wallowa County Library on outreach to enhance reading proficiency; **Mentor Match**, connecting youth and adults to develop life skills; **Exploration**, a collaborative effort with several other organizations that offers K-4th after-school curriculum; **Home Visits** to support local families on a voluntary, confidential basis; **Prevention Programs**, and coordination of **Safe Visits** for children who would otherwise be unable to spend time with one of their parents due to domestic violence issues.

Our mission is to strengthen families through proven education and support programs, helping create environments that assure children's school readiness, life skills and success.

We focus on child development, age-

appropriate behavior, parent-child interaction, positive discipline, and family health and safety. We promote family access to needed resources in the community and advocate for children and families. Collaborating with local schools, organizations, agencies and other resources, we provide a rich support network for the families of Wallowa County.

Early intervention helps improve lives and conserve community resources. Investing in these children now, we can save millions of dollars later. Too many of Oregon's police chiefs, sheriffs, district attorneys and other police leaders are arresting or prosecuting adults who they first met as victims of child abuse and neglect.

Building Healthy Families is committed to increasing school readiness for all children and their families with the goal of ultimately breaking the cycle of abuse and neglect. Our 16 unique prevention programs will move our communities closer to the healthy, thriving communities we all desire.

